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**26th IUSTI – Europe Congress
September 8-10, 2011
Riga, Latvia**

«Staying alert for sexual health!»

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INTERNATIONAL UNION AGAINST
SEXUALLY TRANSMITTED INFECTIONS
EUROPE



INCIDENCE AND STRUCTURE OF FEMALE SEXUAL DYSFUNCTION IN GYNECOLOGY CLINIC

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Introduction.

While sexual health has been recognized as an integral part of overall health (WHO, 2004), it is often ignored in routine visits. Several studies estimate that sexual dysfunction (SD) ranges from 19% to 50% of the population, with a higher incidence and prevalence in women. Sexuality is a fundamental part of quality of life and it should be included in routine health assessment.

Aim of the study.

Aim of this study was to find out incidence and structure of female SD in gynecology clinic and to assess role of gynecologist in the field of sexual health.

Materials and methods.

FSFQ28 inquiry form was used to evaluate 8 main domains of female sexual function. 100 women (18-50 years old) were recruited from Public Gynecology clinic to participate in study. Participants were not screened to rule out any particular gynecological health condition. Obtained data were processed using SPSS Statistics 17.0 program.

Results.

73% were sexually active during last 4 weeks. 55% indicated at least one sexual problem in past, but only 15% did seek help. Significant number of borderline(b) status and SD of the main domains of sexual function were found: desire – 38.36%(b), 36.99%(SD); arousal - 32.88%(b), 46.58%(SD); lubrication - 35.62%(b), 39.73%(SD); cognitive - 43.84%(b), 41.10%(SD); orgasm - 30.14%(b), 32.88%(SD); pain - 21.92%(b), 5.48%(SD); satisfaction - 36.99%(b), 16.44(SD); partner - 17.81%.

Conclusions.

There is high frequency and wide range of different forms of female sexual dysfunction among patients of gynecology clinic, making SD a significant part of gynecological care.