The doctor's and patient's understanding relationship is the fundamentals for beneficial medical treatment. The beneficial treatment is based on the trusting relationship between the doctor and patient.

The therapeutic relationship will never lose its great importance and will be exceptional as every patient is always. It hardly ever happens by itself, but must be developed with the professional competence maintained with the care about the patient's health.
The psychosomatic competence is the objective of the basic tasks in improving the therapeutic relationship. The current European higher health instance moves proposals to standardize the way the doctor treat patients now. These suggestions have great opposition from European medics.

The current situation standardize the way the doctors treat patients from one side and the crisis situation with the huge amount of refugees from the other side, It is a great challenge from European health professionals. Medical professionals are highly responsible for all individuals. The specialists' knowledge and the current state of the health care is extremely favourable.

On the basis of the above theses, medics of Latvia want to contribute with the AEPM Riga Conference on 22nd – 23rd April, 2016.

This conference is opened to all specialists active in patient's care, family doctors, residents, advanced medical students and the medical policy makers.

It offers the opportunity to hear excellent speakers on various personal and functional approaches and exchange experience, also obtain new ideas and acquire practical experience and skills in Balint groups.

It would be a great pleasure to welcome you in Riga!
Program Schedule

Friday, April 22, 2016 (Great Hall, Riga Stradiņš University, 16 Dzirciema Street, Riga)

9:00 Welcome & Opening Remarks. Prof. Jānis Gardovskis, MD (Rector of Riga Stradiņš University, Department of Surgery, Latvia); Pēteris Apinis, MD (President of the Latvian Medical Association, WMJ, Latvia); Jacques de Haller, MD (President of CPME, Switzerland); Prof. Gunta Ancāne, MD (Riga Stradiņš University, Department of Psychosomatic Medicine and Psychotherapy, President of AEPM, Latvia)

Artists

9:45 – 10:20 Doctor–patient relationship as fundamental basis for successful treatment. Katrin Fjeldsted, MD (Ex – President of CPME, Iceland)

10:25 – 11:00 Clinical aspects of somatization – special focus on the therapeutic relationship with migrant patients. Dr. med. Bernhard Palmowski (AEPM, APM Berlin, Germany)

Break (20 minutes)

11:20 – 11:55 Individual in the crossroads of the international politics. Prof. Dr. paed. Žaneta Ozoliņa (University of Latvia, Department of Political Science, Latvia)

12:00 – 12:35 History and present: Does Europe threaten the fate of the Roman Empire. Prof. Dr. hist. Guntis Zemītis (University of Latvia, Institute of Latvian History, Latvia)

12:40 – 13:15 Psychosomatic approach as very demanding and leading to burn out of doctors. Prof. Wolfgang Senf, MD (University of Duisburg-Essen, Department of Psychosomatic Medicine and Psychotherapy, Germany)

Break (60 minutes)

14:15 – 14:50 Emotional, social trauma and trauma therapy. Martina Rudolph, MD (Germany)

14:55 – 15:35 Panel discussion (Katrin Fjeldsted, MD; Prof. Wolfgang Senf, MD; Prof. Dr. paed. Žaneta Ozoliņa; Prof. Dr. hist. Guntis Zemītis; Dr. med. Bernhard Palmowski; Martina Rudolph, MD)

Break (25 minutes)

16:00 – 17:30 Balint groups (Katrin Fjeldsted, MD; Dr. med. Bernhard Palmowski; Prof. Thomas Loew, MD; Prof. Wolfgang Senf, MD)

Break (60 minutes)

18:30 Social program
Saturday, April 23, 2016 (Great Hall, Riga Stradiņš University, 16 Dzirciema Street, Riga)

9:00 - 9:20  Mental health and illness from the Islamic perspective. Hosams Abu Meri, MD (Member of Parliament, Latvia)

9:25 - 9:45  Seeking asylum and working with asylum seekers: a mental health perspective on asylum procedure in Latvia. Aivita Putniņa, PhD (University of Latvia, Department of Anthropology, Latvia)

9:50 – 10:10  Junior doctors in the migration crises. Jannis Papazoglou (European Medical Students' Association, Belgium)

10:15 – 10:35  Medical doctor experience in insurance medicine. Anette de Wind, MD (CPME, the Netherlands, Belgium)

Break (20 minutes)

10:55 – 11:15  First experience in the medical care of refugees in Austria. Andreas Schoepfer, MD (Medical University Graz, Austria)

11:20 – 11:40  First experience in the medical care of the refugees in Germany. Prof. Thomas Loewe, MD (Medical association of Germany, Germany)

11:45 – 12:05  First experience in the medical care of refugees in Latvia. Zanda Pučuka, MD (BKUS, Latvia)

12:10 – 12:30  First experience in the medical care of refugees in Turkey.

12:35 – 12:55  First experience in the medical care of refugees in United Kingdom. Terry John, MD (United Kingdom)

Break (60 minutes)

14:00 – 14:20  Primary health care system accessibility issues for refugees in Latvia. Inga Šķendere, Mg.o.ec. (Specialist in public health, Latvia)

14:25 – 14:45  Mental and somatic health issues in doctor’s everyday practice. Prof. Gunta Ancāne, MD (Riga Stradins University, Department of Psychosomatic Medicine and Psychotherapy, President of AEPM, Latvia)

14:50 – 15:30  Panel resolution adoption  (Anette de Wind, MD; Prof. Thomas Loewe, MD; Christian Fazekas, MD; Zanda Pučuka, MD; Terry John, MD; Prof. Gunta Ancāne, MD)

15:30  Closing the conference